

**Jared's Fund Youth Fellowship**  
**Local Affordable Mental Health Resources Guide**



Mental Health Association of Essex and Morris

**Contact Information:** 973-509-9777

**Address:** 33 South Fullerton Avenue, Montclair, NJ

**Services:** Case management, day treatment, physical healthcare, housing opportunities, children's mental health services, outpatient treatment, inmate care, homelessness help, psychotherapy and psychiatric services, obtaining and retaining employment

**Types of Insurance Accepted:** Medicaid (for all individual services)

**Fees:** Free services (support groups, workshops)

**Age Range:** 4+

**Languages Spoken:** English, Spanish, (multilingual)

Community Counseling Clinic at Montclair State University

**Contact Information:** 973-655-3600

**Address:** 35 Clove Road, Little Falls 07042

**Services:** Counseling for families, careers, mental health issues, adolescents, couples

**Types of Insurance Accepted:** No insurance accepted

**Fees:** Sliding scale based on income

**Age Range:** 8+

**Languages Spoken:** English (call to ask for availability of bilingual counselors)

### Family Service League

**Contact Information:** 973-746-0800

**Address:** 60 South Fullerton Avenue, Suite 109 Montclair, NJ 07042

**Services:** Counseling meant to improve emotional lives and relationships for families, couples and individuals

**Types of Insurance Accepted:**

**Fees:** Sliding scale based on income and household size

**Age Range:** Children and up

**Languages Spoken:** English, Spanish

### Answers Thru Counseling

**Contact Information:** 973-746-3366

info@answersthru counseling.com

**Address:** 311 Claremont Avenue Suite 2A Montclair, NJ 07042

**Services:** Anorexia/bulimia, depression, behavior therapy, self harm, anger management, relationship counseling

**Types of Insurance Accepted:** May be covered by “Out of Network” medical insurance, upon the deductible being met, cash, personal and insurance checks

**Fees:** Hourly fee on a sliding scale and payment plans for those who qualify

**Age Range:** Children and older

**Languages Spoken:** English

COPE (Counseling Outreach Prevention Education) Center

**Contact Information:** 973-783-6655

**Address:** 104 Bloomfield Avenue

Montclair, NJ 07042

**Services:** Adolescent Individual & Group Counseling, AIDS support Groups & Counseling, Alcohol & Substance Abuse Counseling, Anger Management Programs for Adults and for Adolescents, Assessment & Evaluation, Community Educational Programs, Family Counseling, Individual & Group Counseling, Information & Referrals, Intensive Outpatient Program, Parent Training Skills Program

**Types of Insurance Accepted:** Medicaid and Medicare

**Fees:** Sliding scale based on income

**Age Range:** 13+

**Languages Spoken:** Translation line available

Family Connections

**Contact Information:** 973-675-3817

**Address:** 395 S Center Street, Orange, NJ 07050

**Services:** Mental health and addiction help

**Types of Insurance Accepted:** Medicaid, Aetna

**Fees:** State funds (grants), insurance

**Age Range:** Adolescents and up

**Languages Spoken:** Bilingual- English, Spanish

Resolve Community Counseling Center

**Contact Information:** 908-322-9180 Fax: (908) 322-9094

resolveccc@aol.com

**Address:** 1830 Front Street, Scotch Plains, NJ

**Services:** individual counseling, couples' counseling, family counseling.  
parent education

therapeutic visitations. psychological testing and evaluations. anger  
management. drug and alcohol evaluations. drug and alcohol prevention.  
peer relations. non-intensive outpatient substance abuse treatment.  
support groups and workshops

**Types of Insurance Accepted:** medicaid, out of network benefits

**Fees:** Sliding scale based on income

**Age Range:** 5+

**Languages Spoken:** English, Spanish

Rutgers Center for Psychological Services

**Contact Information:** 848-445-6111

**Address:** 152 Frelinghuysen Rd, Piscataway NJ 08854

**Services:** Counseling and mental health help

**Types of Insurances Accepted:** none

**Fees:** Sliding scale based on income

**Age Range:** Children, adults, adolescents

**Languages Spoken:** English

Mental Health Association in Passaic County

**Contact Information:** 973-478-4444 Fax: 973-478-0941  
info@mhapassaic.org

**Address:** 404 Clifton Avenue, Clifton, NJ 07011

**Services:** Advocacy

Family Advocate Program

Outpatient Counseling Services

Peer Outreach Support Team/Community Advocate Program

Consumer Parent Support Network

Intensive Family Support Service

Passaic County Police Crisis Intervention Team

Peer to Peer Psychiatric Advance Directive Project

Involuntary Outpatient Commitment Program

Depression and Bipolar Support

Family Circle Support Group

Consumer Parent Support Network: Women's Spanish Support Group

Consumer Parent Support Network: Men's Spanish Support Group

**Types of Insurance Accepted:**

**Fees:**

**Age Range:**

**Languages Spoken:** English, Spanish

### Community Psychiatric Institute

**Contact Information:** 973-673-3342 info@cpinj.org

**Address:** 67 Stanford St., East Orange, NJ

**Services:** Symptom management, relapse prevention, medication education, social skill development, emotion regulation, vocational skill development, personal safety, interpersonal communication strategies, impulse control and activities of daily living.

**Types of Insurance Accepted:** Medicaid, Medicare

**Fees:** Insurance (Medicaid, Medicare)

**Age Range:** 18+

**Languages Spoken:** English

East Orange General Hospital-  
Adult Outpatient Behavioral Health Services

**Contact Information:** 973-414-6827

**Address:** 5th floor in East Orange General Hospitals East Pavilion at  
240 Central Avenue, East Orange

**Services:** depression, mood disorders, anxiety disorders, chronic suicidal ideation, psychiatric and substance abuse/addiction disorders, psychotic disorders (i.e. schizophrenia), emotional distress/adjustment, anger management, domestic violence, and other family/interpersonal conflicts

**Types of Insurance Accepted:**

**Fees:**

**Age Range:** 18+

**Languages Spoken:** English,

ACAP

**Contact Information:** 973-629-1001

**Address:** 301 S Livingston Ave. 2nd Floor, Livingston, NJ 07039

**Services:** Counseling/Mental Health, Substance Abuse/Addiction,  
Health Education/Nutrition, Social Services

**Types of Insurance Accepted:** No insurance accepted

**Fees:** Sliding scale based on income

**Age Range:**

**Languages Spoken:** English

Cooper University Healthcare - Camden

**Contact Information:** 800-826-6737

**Address:** Three Cooper Plaza, Camden, NJ, 08103

**Services:** Women's Health Services, Specialist medical services, Primary Care, Podiatry Services, Pediatric Services, OB/GYN, Counseling/Mental Health Services, Medical Services

**Types of Insurance Accepted:** Uninsured, Underinsured, Insurance, Medicare, Medicaid

**Fees:** Financial assistance available

**Age Range:** Unlimited

**Languages Spoken:** English

Project H.O.P.E. at West Street Health Center

**Contact Information:** 856-968-2320

**Address:** 519-525 West St., Camden, NJ 08103

**Services:** Substance Abuse/Addiction, Primary Care, Counseling/Mental Health, Medical, Health Education/Nutrition, Social Services

**Types of Insurance Accepted:** Uninsured, Underinsured, Insurance, Medicare, Medicaid

**Fees:** Sliding scale of fees based on income- no one turned down based on inability to pay

**Age Range:** 18+, refers adolescents to Genesis Counseling in Camden

**Languages Spoken:** English

CompleteCare- Pediatric & Family Medical Professionals Mental Health Services

**Contact Information:** 856-451-4700

**Address:** 265 Irving Ave, Bridgeton, NJ 08302

**Services:** Psychiatric Services, Counseling Services, Addiction Services

**Types of Insurance Accepted:** Uninsured, Underinsured, Insurance, Medicare, Medicaid

**Fees:** Sliding scale based on income

**Age Range:**

**Languages Spoken:** English, Others by Translation Service

Center for Psychological Services at Fairleigh Dickinson University

**Contact Information:** 201-692-2645

**Address:** 131 Temple Ave Fairleigh Dickinson University, Hackensack, NJ 07601

**Services:** Counseling/ mental health

**Types of Insurance Accepted:** No insurance accepted

**Fees:** Sliding scale based on income

**Age Range:** No restrictions

**Languages Spoken:** English

Krystle Davis

Clinical Social Worker/Therapist - MSW, LCSW

**Contact Information:** (973) 453-0454

**Location:** ISLY Therapy & Wellness

105 Grove Street

Montclair, NJ 07042

**Services:** works through the pain and stressors experienced in life, work, school and relationships.



**Types of Insurance Accepted/Payment Methods:** Check, Cash, Out of Network

**Fees:** Open Path Cost (per session)

Individual Counseling: \$30-\$60

Couples and Family Counseling: \$30-\$80

**Age Range:** Adolescents / Teenagers (14 to 19), Adults, Preteens / Tweens (11 to 13)

**Languages Spoken:** English

Dorian Head

Licensed Professional Counselor, MA, LPC, ACS

**Contact Information:** (973) 419-5904

**Location:** Therapy Resources of Morris County

25 Lindsley Dr

203

Morristown, New Jersey 07960

**Services:**

**Types of Insurance Accepted:**

Pay By: Cash, Check, Discover, Mastercard, Visa

**Fees:** Sliding scale based on income

**Age Range:**

**Languages Spoken:**

Shanta Pamphile

Licensed Mental Health Counselor - LPC

**Contact Information:**

**Location:** 209 Cooper Avenue

Suite 2

Montclair, NJ 07043

**Services:**

**Types of Insurance Accepted:**

**Fees:** Open Path Cost (per session)

Individual Counseling

\$30-\$60

Couples and Family Counseling

\$30-\$80

**Age Range:**

**Languages Spoken:**